

**VIRTUAL
1:1 COACHING SESSIONS
WITH
PROLOGUE
THEATRE**

**Taught by DC area actors:
Regina Aquino, Scott Ward
Abernethy & Tamieka Chavis**



**50 MINUTE VIRTUAL SESSIONS AVAILABLE EITHER
ONCE OR TWICE PER WEEK FOR 4 WEEKS**

**SESSIONS FOCUS ON DEVELOPING THE
STUDENT'S PERFORMANCE SKILLS THROUGH
MONOLOGUE WORK.**

Students (ages 14+) are encouraged to have their own monologue (two minutes or less) but if they don't have one they will be able to choose from our monologue library.

The four-week package costs:
\$160 for the one session per week option
\$280 for the two sessions per week option



Interested students can visit
prologuetheatre.org/coaching
to complete the interest form.
For students under 18, the form must also
be completed with a parent/guardian.



Prologue Theatre staff will match the
student with a coach based on schedule
availability and contact you with the final
paperwork and payment details.



If you have any additional
questions before completing the interest
form, don't hesitate to reach out to
us at prologue@prologuetheatre.org

PROLOGUE THEATRE

Virtual 1:1 Coaching Sessions Coach Bios



Regina Aquino is a Filipinx American actor, creative, and activist. Born and raised in the DC area, she is passionate about theatre and her community. Since 2002, she has performed on many of DC's stages and in 2019 she was the recipient of the Helen Hayes Award for Outstanding Lead Actress in a Play for her work in *THE EVENTS* at Theater Alliance. Fluent in both English and Tagalog, she lives in Arlington, VA with her two children and two dogs, across the street from her mother like a good Filipinx daughter.

SELECTED DC CREDITS: Theater Alliance: *The Events* [Helen Hayes Award for Outstanding Lead Actress], *Brownsville Song* (B-side for *Trey*); Woolly Mammoth Theatre Company: *Describe The Night*, *The Arsonists*; Studio Theatre: *Vietgone*, *Red Light Winter*, *Dog Sees God* [Helen Hayes Award nomination], *Polaroid Stories*; Folger Theatre: *The Merry Wives of Windsor*, *Nell Gwynn* [two Helen Hayes Award nominations]; Olney Theatre Center: *Tiger Style!*; Synetic Theater: *A Christmas Carol*, *The Little Mermaid*; BROADWAY: Lincoln Center & Kennedy Center *TYA: Where Words Once Were*; INTERNATIONAL: Actor's Actors Inc. Manila: *Our Country's Good*; EDUCATION: Duke Ellington School of the Arts, The Studio Acting Conservatory, Manhattanville College.



Scott Ward Abernethy has been a professional actor and teaching artist in the DMV for four years, having traveled from Seattle, where he received his M.F.A. in Acting from the University of Washington. As a theatre and acting teacher he has taught students of all ages, from elementary school to college, offering workshops, private coaching, weekly classes, and long-term residencies. As an actor, he has worked with the Kennedy Center, Mosaic Theatre, Constellation Theatre Company, 4615, Keegan Theatre, 1st Stage, Adventure Theatre MTC, and more.

When it comes to learning the arts, his simple philosophy is "Risk, fail, risk again!"

PROLOGUE THEATRE



Tamiaka Chavis is a Daytime Emmy Award winning producer, actress, and teaching artist. She's been nominated for and awarded numerous awards for Best Lead Actress, Best Ensemble, and Producer including the Indie Series Awards and the Daytime Emmy Awards for her work on the television and digital series *Anacostia*. On stage, Tamiaka's select regional theatre credits include performances with Mosaic Theatre Company, Chesapeake Shakespeare Company, Constellation Theatre, Hub Theatre, Ally Theatre Company, NextStop Theatre, and Longacre Lea. On camera,

Tamiaka has had recurring and featured roles in productions such as HBO's *The Wire*, Investigation Discovery's *Psychic Detectives*, Maverick Entertainment's *Torn*, and Netflix's *House of Cards*, as well as numerous commercials, industrials, and independent films. She is a faculty member with the National Conservatory of Dramatic Arts where she teaches theatre and film acting. Tamiaka is a proud graduate of the British American Drama Academy in Oxford UK and the National Conservatory of Dramatic Arts in DC.

About Prologue Theatre

Prologue Theatre is an Arlington, VA based professional non-profit theatre company started in 2018 by Founding Artistic Director Jason Tamborini. Prior to launching Prologue Theatre, Jason was an FCPS Theatre Arts educator at George C. Marshall High School for seven years and also involved in the local DC theatre community as an actor and technician.

Prologue Theatre understands that it can be difficult, at times, to begin conversations about “certain topics” and focuses on presenting theatre that can serve as that starting point. Through theatrical performance, coupled with community discussion, and expert-led workshops and presentations, we strive to challenge our community to examine and discuss their views of the world and those around them. Our focus is on those who are in the process of finding their own voice – whether 15 or 115 years old – and are looking for a place where they can hone those viewpoints by examining world issues within (and with) their community.

Prologue Theatre believes in the power of dramatic arts education and the positive effects of participation. Our programs focus on skills and techniques that are relevant for those still in school (high school & college) as well as those looking for personal and professional growth.